

**Essence:** Sweet children, look at your chart every night and also keep a *diary* and you will be concerned about not making a loss.

**Question:** Which of the Father's aspects will instantly *touch* the fortunate children of the previous cycle?

**Answer:** Baba tells you children every day ways to have remembrance. Only the fortunate children are *touched* by this. They instantly put them into practice. Baba says: Children, go and sit in the garden in solitude for a little while. Talk to Baba sweetly and keep your *chart* and you will continue to make progress.

Om shanti. Those in the *military* are first of all cautioned: *Attention please!* The Father too cautions you children and asks: Do you have the faith that you are souls and do you remember the Father? You children have been told that it is only at this time that the Father gives you this knowledge. Only the Father teaches you. God speaks. The main thing is: Who is God? Who is teaching you? This is the first thing that you have to understand and have faith in. Then, you also have to stay in supersensuous joy. You souls should experience so much happiness in having found the unlimited Father. Only once does the Father come and meet you to give you your inheritance. The inheritance of what? He gives you the inheritance of sovereignty over the world exactly as He did 5000 years ago. Have the firm faith that the Father has come. He is once again teaching us easy Raja Yoga; He has to teach this. Babies are not taught anything. The words "Mama, Baba" emerge from their lips automatically because they hear those words. This is the spiritual Father. This soul has internal, incognito intoxication. It is souls who have to study. The Supreme Father, the Supreme Soul, is the *knowledge-full* One. He hasn't studied anything; He already has this *knowledge*. This *knowledge* of what? You souls understand this. Baba has this *knowledge* of the beginning, the middle and the end of the whole world. He knows how there is the establishment of the one religion and the destruction of the innumerable religions. This is why he is called Janijananhar (One who knows everything). What is the meaning of Janijananhar? No one knows this at all. The Father has told you children that you must definitely write the *slogan*: What can be said if, as a human being, you don't know the *Creator*, or the beginning, the middle and the end of the creation or its *duration* or *repetition*? The word "*repetition*" is also most essential. *Corrections* continue to be made. The poster, "Who is the God of the Gita?" is *first class*. This is the *number one* mistake in the whole *world*. Because of not knowing the Supreme Father, the Supreme Soul, they say that everyone is a form of God. When you ask a little child, "Whose child are you?" he will reply "so-and-so's." Then, when you ask, "Whose child is so-and-so?", he will reply "so-and-so's" Then, he will say finally "He is my child!". In the same way because people don't know God, they say: "I am God." They worship Him so much and yet they don't know Him. "The night of Brahma" is remembered. Therefore, it would also definitely be the night of Brahmins. All of these matters have to be imbibed. Only those who have yoga are able to imbibe these things. Remembrance is also said to be a power. This knowledge is your *source of income*. By having remembrance, you receive the power to be absolved of your sins. You have to connect your intellects in yoga with the Father. It is only at this time, and not at any other time, that the Father gives this knowledge. No one but the Father can give this. Everything else is either a scripture or a physical ritual of the path of devotion. That cannot be called knowledge. Only the one Father has this *spiritual knowledge* and He only gives it to you Brahmins. No one else has this *spiritual knowledge*. There are so many religions, sects and cults in the world. There are so many opinions. You children have to make a great deal of effort in order to explain all of this. So many storms arise. It is sung: Take my boat across! Not everyone's boat can go across. Some boats will sink and some will stay afloat. Even after two to three years, no one knows anything about what happened to some boats that sink. Some boats are completely smashed to pieces. Some boats remain in the same place. This requires a lot of effort. There are so many people who have emerged with *artificial* yoga. There are so many yoga ashrams. There cannot be any other spiritual yoga ashram. Only the Father comes and teaches you souls this spiritual yoga. The Father says: This is very easy yoga. There is nothing as easy as this. A soul enters a body and plays his *part*. The *maximum* number of births is 84. For others, the number of births is reduced. These things enter the intellects of some of you children. It is with great difficulty that your intellects are able to imbibe this. The first thing that the Father explains is: Wherever you go, first of all, give the Father's introduction. Create ways to give the Father's introduction. Only when they have this faith will they understand that the Father is the Truth. The Father will definitely only tell you that which is true. You mustn't doubt this. Only in remembrance is there effort and it is in this that there is *opposition* from Maya. She repeatedly makes you forget to have remembrance. This is why Baba says: Write your *chart*. Then Baba will see who has remembrance and how much too. Not even a *quarter per cent* of you write your *charts*. Some say: I stayed in remembrance for the whole day. Baba says: That is very difficult.

Those who are in bondage and experience beatings are the ones who stay in remembrance day and night. "Shiv Baba, when will I be liberated from these relatives?" Souls call out: "Baba, how can I be liberated from this bondage?" If you stay in remembrance a great deal, you should send your *chart* to Baba. You have been given the *direction* to write your *charts* every night and also to keep a *diary*. By keeping a *diary*, you would be afraid that you might incur a loss. What would Baba say if He were to see it? That you remember the *most beloved* Baba for such a short time? You remember your physical father and your wife and yet you can't remember Me for even such a short time. Write your *chart* and you will feel ashamed. You would then see that you would not be able to claim a status in that condition. This is why Baba emphasises that you must write your *charts*. Remember the Father and the cycle of 84 births and you will become rulers of the globe. Only when you make others similar to yourselves will you be able to rule over your subjects. This Raja Yoga is to change from an ordinary human into Narayan. This is your *aim* and *objective*. Souls cannot be seen but they can be understood. It is understood that there is a soul in this one. There will definitely be the kingdom of Lakshmi and Narayan. They made the most effort. That was how they claimed the *scholarship*. They will definitely have many subjects. They claimed the highest-on-high status. They must definitely have had a lot of yoga, for that is how they *passed with honours*. You have to find the reason why you are not able to have yoga. Your intellects are diverted into all your business complications. You have to make *time* and pay more attention to this. Make *time* and go and sit in the garden in solitude. *Females* cannot go there; they have to look after the home. It is easier for the men. The fortunate ones from the previous cycle will be *touched* by this. This study is very good. Each one's intellect is his own. Under all circumstances, you must claim your inheritance from the Father. The Father gives all of you *directions*, but you children have to follow them. Baba only gives *general directions*. If someone comes and asks for *personal* advice, Baba can give that too. When people go on a pilgrimage up a large mountain, the guides caution them; they go with great difficulty. The Father shows you children a very easy way: Remember the Father! Finish all consciousness of your bodies. The Father says: Remember Me! The Father comes and gives you this *knowledge* and then goes back. There can be no *rocket* as fast as a soul. People *waste* so much *time* in trying to go to the *moon*. That too is fixed in the *drama*. That art of *science* will help in the destruction. They have *science* and you have *silence*. Consider yourselves to be souls and remember the Father: This is *dead silence*. I, this soul, am separate from the body. This body is an old shoe. The examples of the snake and the tortoise refer to you. You buzz this knowledge and change ordinary humans who are like insects into deities. It is your duty to take them across this ocean of poison to that ocean of milk. Sannyasis don't need to have sacrificial fires or do tapasya. Devotion and this knowledge are for householders. Sannyasis don't want to go to the golden age. What do they know of these matters? It is fixed in the *drama* for those on the path of isolation. Those who have taken the full 84 births will continue to come, according to the *drama*; they will continue to emerge, numberwise. Maya is very powerful. The eyes are very *criminal*. When you receive a third eye of this knowledge, your eyes become *civil*. Then, for half a cycle, they will never become *criminal*. They deceive you a lot. The more you remember the Father, the cooler your physical senses will become. Then, for 21 births, there will not be any mischief of your physical senses. There is no mischief of your physical senses there. All your physical senses become peaceful and satoguni. It is only after you become body conscious that some devilish nature emerges. The Father is making you soul conscious. You receive the inheritance for half a cycle. The more effort you make, the higher the status you claim. You have to make effort to become soul conscious and then your physical senses will not deceive you. This war will continue until the end. That war will start when you reach your karmateet stage. Day by day, the sound will spread and people will become afraid of death. The Father says: This knowledge is for everyone. Simply give the Father's introduction. All of us souls are brothers. All of you remember the one Father. You say: *God the Father*. There are those who believe in *nature*. However, *God* does exist. People remember Him in order to receive liberation or liberation-in-life. There is no eternal liberation. The *history* and *geography* of the *world* have to *repeat*. The intellect says that, when there was the golden age, there was just one Bharat alone. People don't know anything at all. There used to be the kingdom of Lakshmi and Narayan. It cannot be a matter of hundreds of thousands of years. If it were hundreds of thousands of years, the population would be so large. The Father says: The iron age is now coming to an end and the golden age is being established. Those people believe that the iron age is still in its infancy and that its duration is many thousands of years. You children know that the cycle is only 5000 years. Establishment is taking place in Bharat. Bharat is now becoming heaven. We are now establishing this kingdom by following shrimat. The Father says: Now constantly remember Me alone! This is the first thing you have to tell them. Until they have faith in the Father, they will continue to ask questions. When

they don't receive an answer to a particular question, they say: You tell us that God is teaching you and yet you don't know anything. Therefore, first of all, just stay on this one aspect. First of all, they should have faith in the Father, that the Father of all souls is truly One and that He is the Creator. He definitely comes at the confluence age. The Father says: I don't come in every age; I come at the confluence of the cycles. I am the Creator of the new world. How could I come in the middle of a cycle? I come between the old one and the new one. This is called the most elevated confluence age. It is here that you become the most elevated. Lakshmi and Narayan are the most elevated of all. This *aim* and *objective* is very easy. Tell everyone that the establishment of this is now taking place. Baba has told you that you must definitely use the words "most elevated" because it is here that you change from degraded ones into the most elevated ones. You mustn't forget these main things. You must also definitely write the *dates* of the time periods. Your kingdom starts at the beginning. The kingdoms of others don't exist at the beginning. It is only after the founders of their religions come that their religions expand. Their kingdoms start when there are millions of them. Your kingdom starts at the beginning of the golden age. It doesn't enter anyone's intellect where the kingdom of the golden age came from. At the end of the iron age, there are many religions. So, how was there just one religion and one kingdom in the golden age? There were so many palaces studded with diamonds and jewels. Bharat was such that it was called *Paradise*. It is a matter of 5000 years ago. How could it be calculated if it were hundreds of thousands of years? Human beings are so confused. Now, who can explain this to them? They don't believe that they are in the Devil's kingdom. The praise of the deities is: Full of all virtues, completely viceless. They don't have the five vices because they are soul conscious. Therefore, the Father says: The main thing is remembrance. Having taken 84 births, you have become impure and you now have to become pure. This is the cycle of the *drama*. Achcha.

To you sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to you spiritual children.

#### Essence for dharna:

1. Use your third eye of this knowledge and make your deceitful eyes *civil*. It is only by having remembrance that your physical organs will become peaceful and totally pure. Therefore, just make this effort.
2. Make *time* during your work to sit in solitude and have remembrance. Try to find the reason why you are unable to have yoga. Definitely write your *chart*.

**Blessing:** May you imbibe the power of tolerance and become loving to all and thereby receive imperishable and sweet fruit.

To tolerate something does not mean that you have to die, but to live in everyone's heart with love. No matter how much opposition someone may cause, even if he is fiercer than Ravan, even if you have to tolerate things not just once, but ten times, even then, the fruit of the power of tolerance is imperishable and sweet. Never feel that you have tolerated so much, and that the other one should also tolerate a little. Do not feel that you want to receive some temporary fruit. Just feel mercy, which is the feeling of serving. Those who want to serve will accommodate everyone's weaknesses. They will not oppose them.

**Slogan:** Forget everything that has passed, learn a lesson from the things of the past and be constantly cautious in future.

#### Avyakt Signal: Experiment on yourself and others with your mind with the powers of yoga.

Just as BapDada has mercy, in the same way, you children have to become master merciful and with the attitude of your mind, give souls the powers you have received from the Father through the atmosphere. Since you have to serve the whole world in a short time and purify everyone, including the elements, serve with your mind at a fast speed. Experiment with the powers of yoga.

\*\*\* OM SHANTI \*\*\*